

# EAP

ST. ALEXIUS MEDICAL CENTER

## Employee Assistance Program

*A comprehensive program of services for your organization.*

### *Introducing the Employee Assistance Program*

The EAP is a unique service designed to benefit organizations and employees. The EAP has established a reputation for providing quality services in a multi-state area for more than twenty-five years. St. Alexius has been in the forefront of providing EAP services to private and public entities. Our clinical staff is experienced in providing counseling services to employees, and also has extensive expertise in providing management training and consultations.

Our goal is to provide your organization with cost savings and increased productivity, and to provide professional and confidential help to your employees who may be experiencing personal, emotional or work-related problems. We warrant that our work will conform to the highest professional standard in the EAP field.

### *What is the Program?*

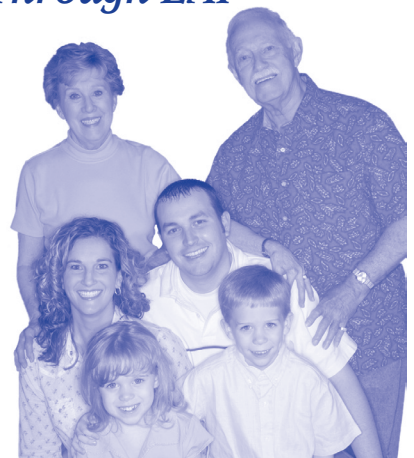
The EAP is an employer-sponsored service for you and your employees. A professional EAP staff assists employees and their families in finding help for emotional, drug, alcohol, family, health and other personal or job-related problems that may be affecting work performance.

Professional EAP staff members provide assessment, short-term counseling and referral services to employees and immediate family members of progressive companies and government agencies in North Dakota and surrounding regions. Employees will receive prompt counseling services regarding their concerns.

### *Why Provide The St. Alexius EAP For Your Employees?*

You, as an employer, realize your employees are your most valuable resource. From time to time, employees may experience concerns in their personal or emotional lives that have a strong impact in terms of job performance. Emotional, relationship and drug/alcohol concerns negatively affect productivity. As a result, performance falls, productivity decreases, absenteeism increases, accidents and error rates increase, and job turnover increases as a result of problems experienced by your employees as well as their respective family members. The St. Alexius Employee Assistance Program staff is skilled at dealing with these problems and reducing their subsequent costs.

### *Available Services Through EAP*



EAP provides a variety of services and educational benefits for your supervisors and employees. Some of these include:

- Policy & Program Development
- Professional training
- Management consultations
- Management training
- Comprehensive assessment
- 800 Toll free crisis line
- Confidential counseling for individuals or families
- Referral recommendations
- Informational brochures
- Employee orientation
- Community education
- Educational presentations
- Promotion within your business
- Child & Eldercare resource and referral services
- Legal assistance referrals
- Critical Incident Debriefing

